



Safe Alternatives to Violent Environments - SAVE

Clinical Program

About SAVE

SAVE has been serving survivors of domestic violence for 40 years. Our mission is to strengthen every individual and family we serve with the knowledge and support needed to end the cycle of abuse and build healthier lives. We support our clients through the Feminist Theory of Empowerment and we utilize Trauma-Informed services throughout our programs.

The people and families we serve

As a trainee/intern with SAVE, Trainees/Interns will have the opportunity to support individuals (children, adolescents, adults, seniors) and families whose lives have been impacted by domestic violence. Our clients' experiences include: community/intergenerational/family violence; poverty and/or homelessness; substance abuse/addiction; issues related to immigration/refugee/asylum/undocumented; physical, invisible, intellectual disabilities; chronic pain; discrimination due to isms (race/sex/gender/sexuality/age/disability/class); involvement with the legal system; employment and employability challenges; histories with CPS, foster care, group homes, etc.; trauma- and stressor-related/depressive/ anxiety conditions; and severe and chronic psychological conditions.

Why SAVE's Clinical Training Program?

The vision of the SAVE Clinical Training Program is to provide an exceptional training experience that prepares future clinicians to have a comprehensive understanding of the impacts of trauma and to provide compassionate and integrated therapeutic support to individuals and families who have experienced Domestic Violence.

As a trainee/intern, you will:

- Become a Certified Domestic Violence Counselor in the state of California
- Be extensively trained on the impact of trauma related to Domestic Violence
- Work with a diverse client population
- Receive weekly Clinical Training in addition to Individual and Group Supervision
- Be involved in and work collaboratively with an interdisciplinary team of professionals
- Learn about and have access to services to meet client needs (exs. access to food/clothing/etc, emergency shelter, Temporary Restraining Order (TRO) support, case management, etc.)
- Have the flexibility to set your hours (exception: Tuesdays 12pm-3pm **mandatory** Group Supervision and Training)
- Have 5 vacation days, holidays observed by the agency, and 2 weeks off from end of December to beginning of January
- Receive a stipend: Trainees receive \$100/month; Interns receive \$300/month

How to Apply

- **Applications accepted by email or fax:**
 - yasid@save-dv.org
 - (510)574-2252 ATTN: Dr. Yasi Safinya-Davies

*Application process will begin with a brief phone interview. If there is a good match, you will be invited for a one-hour, individual interview.

Application materials for Trainees include:

- Curriculum Vitae
- A Letter of Intent
- 2 Letters of Recommendation

Application materials for Interns include:

- Curriculum Vitae
- A Letter of Intent
- 3 Letters of Recommendation
- Copy of Intern registration
- Copy of Diploma or verification of degree completion from Graduate Program

We are seeking...

We are particularly eager to recruit trainees/interns who have a personal understanding of such life experiences as: inner-city life, racism, immigration and/or poverty. We are also located in an area densely populated by individuals from South and West Asian countries; knowledge of these communities is desirable. Additionally, we aspire to provide services in Spanish, Hindi/Punjabi, Farsi/Dari/Pashto, and Mandarin and seek clinicians with those language skills.

Description of Experience

The SAVE Clinical Training Program is a one-year commitment (August-July). All trainees/interns are required to complete our SAVE 40-hour Certified Domestic Violence Counselor training in the summer prior to the start of the program. (If you have been certified through another program, you will still be required to attend some select sessions.) All applicants must complete a livescan/background check. Past incidents of criminal charges may prevent placement with our agency.

Individual Supervision:

- 1-hour Face-to-face supervision with your assigned supervisor
- Focus on: presenting challenges; therapeutic techniques; tools and screening methods; documentation; roles and expectations; evaluation

Group didactic and supervision:

- Tuesday 12:00pm-3:00pm
- Didactic Weekly topics: operations and documentation; trauma informed care; therapeutic practices; crisis and suicide intervention; milieu therapy; case management; individual (senior/adult/youth/adolescent/child), family, group therapy; ethics; AOD; abnormal psychology; research; cultural competency, tools and screening methods; etc.
- Supervision: Case Presentations

Service locations:

- The SAVE Empowerment Center

- The SAVE Shelter
- Community Locations (unless restricted by school regulations)
- Fremont Middle/High Schools (*contracts currently being established)

Client services—TRAINEE REQUIREMENTS:

- Individual (all ages) or family therapy; total of 5 clients

Groups—TRAINEE REQUIREMENTS:

- Leading or co-leading 2 support groups in Empowerment Center and/or Shelter

Client services—INTERN REQUIREMENTS:

- Individual or family therapy; total of 12 clients

Groups—INTERN REQUIREMENTS:

- Leading or co-leading 3 support groups in Empowerment Center and/or Shelter

Hotline:

- On-call hotline (waived if currently a hotline volunteer elsewhere)

Overview of Trainee Experience

Activity	Hours/week
Individual Supervision	1
Group Supervision	2
Group Training	1
Client services (individual/family)	5
Groups	4
Hotline	2
Paperwork	2

Total of 17 hours/week

Overview of Intern Experience

Activity	Hours/week
Individual Supervision	1
Group Supervision	2
Group Training	1
Client services (individual/family)	12
Groups	6
Hotline	2
Paperwork	3

Total of 27 hours/week