



## NONPERISHABLE FOOD WISH LIST

Dear Friends,

If you're considering making a donation of nonperishable food in support of SAVE's families, the items listed below are those that are most requested/needed. To avoid food waste and make your donation as successful as possible, please keep the following in mind:

1. **Regular-size packages of unexpired food work best for our families.** Costco or large/economy size food items are less desirable as they often result in food waste.
2. **Donation drop offs** at SAVE's Empowerment Center may be made M-F between 9:30 am and 4:30 pm. Advance delivery notice is always appreciated! Please call (510) 574-2250.
3. Preferred **food packaging** includes: cans, boxes, plastic containers (glass can result in breakage).
4. To best serve our families, we welcome **ethnically diverse food items**.
5. We welcome **food items/ingredients that may be used for meal preparation**. Please refrain from making donations of party leftovers such as canned olives, cherries etc.
6. We **can't accept donations of prepared foods** unless approved in advance. Call (510) 574-2250 for more info.

Thank you!

- Canned soups and sauces
- Pasta
- Rice
- Broth (vegetable, beef, chicken)
- Canned tomatoes
- Canned fruit
- Canned tuna
- Canned chicken
- Spices
- Flour
- Sugar
- Baking necessities
- Cooking oil
- Salad dressings
- Instant meals such as Cup o Noodles