

October 2017

S.A.V.E. Class and Clinic Schedule
 1900 Mowry Ave, Suite 201, Fremont, CA 94538
 hotline: 510-794-6055



SAVE's 24-hour

| Monday | Tuesday | Wed | Thursday | Friday |
|---|--|---------------------------------------|---|---|
| 2 Drop in Support Services (12-4) | 3 MUA Drop In Support Group (Spanish) (10-12) MUA Spanish Advocate Services (12-2) Drop In Support Group (English) (6:45p-8:45p) | 4 Drop in Support Services (12-4) | 5 Drop In Support Group (English) (6:45p-8:45p) | 6 Drop In Support Group (English) (9:15-11:15) Drop in Support Services (12-4) |
| 9 HOLIDAY: Empowerment Center will be closed | 10 MUA Drop In Support Group (Spanish) (10-12) MUA Spanish Advocate Services (12-2) Drop In Support Group (English) (6:45p-8:45p) | 11 Drop in Support Services (12-4) | 12 Drop In Support Group (English) (6:45p-8:45p) | 13 Drop In Support Group (English) (9:15-11:15) Drop in Support Services (12-4) |
| 16 Drop in Support Services (12-4) | 17 MUA Drop In Support Group (Spanish) (10-12) MUA Spanish Advocate Services (12-2) Drop In Support Group (English) (6:45p-8:45p) | 18 Drop in Support Services (12-4) | 19 Drop In Support Group (English) (6:45p-8:45p) | 20 Drop In Support Group (English) (9:15-11:15) Drop in Support Services (12-4) |
| 23 Drop in Support Services (12-4) | 24 MUA Drop In Support Group (Spanish) (10-12) MUA Spanish Advocate Services (12-1) Drop In Support Group (English) (6:45p-8:45p) | 25 Drop in Support Services (12-4) | 26 Drop In Support Group (English) (6:45p-8:45p) | 27 Drop In Support Group (English) (9:15-11:15) Drop in Support Services (12-4) |

Weekly Class and Workshop Descriptions

| Mondays | Tuesdays | | Thursdays | Fridays |
|---|---|--|---|---|
| <p><u>Drop in Support Services:</u> 12:00pm – 4:00pm If you are being abused or have been abused in the past a SAVE advocate will assist you with nonjudgmental compassionate support, food and clothing, referrals for legal, financial, housing and other assistance.</p> | <p><u>Mujeres Unidas y Activas DV Support Group (in Spanish):</u> 10:00am-12:00pm This is a safe setting where Spanish-speaking women whose lives are affected by domestic violence can come together to encourage, support and empower one another. *Free childcare available for participants during group</p> | | <p><u>Maitri Hindi/Punjabi-Speaking DV Victim Advocate Services:</u> 9:30am-1:30pm If you are being abused or have been abused in the past an advocate from Maitri can assist you with nonjudgmental compassionate support</p> | <p><u>Drop In Support Group (in English):</u> 9:30am – 11:30am Safe setting where women whose lives are affected by domestic violence can come together to encourage, support and empower one another. *Free childcare available for participants during group</p> |
| <p><u>Parenting Enrichment Workshop:</u> 1:00-2:00 This workshop is for parents with children ages 0-5 years old who are interested in learning effective tools to communicate and connect with your child to enrich their lives and your relationship with them as a parent.</p> | <p><u>Meet with an Advocate from Mujeres Unidas y Activas:</u> 12:00pm-2:00pm Spanish-speaking women whose lives are affected by domestic violence can meet with an advocate for one-on-one peer counseling.</p> | | <p><u>Drop in Support Services:</u> 12:00pm – 4:00pm If you are being abused or have been abused in the past a SAVE advocate will assist you with nonjudgmental compassionate support, food and clothing, referrals for legal, financial, housing and other assistance.</p> | <p><u>RUBIC Drop in Support Services:</u> 12:00pm – 4:00pm If you are being abused or have been abused in the past a SAVE advocate will assist you with nonjudgmental compassionate support, food and clothing, referrals for legal, financial, housing and other assistance. Focus on providing support in developing essential skills (ex: job readiness, résumé, cover letter and master application completion) needed to successfully identify and secure immediate employment. Free Childcare Available</p> |
| <p><u>Self-Empowerment Group</u> 6:30-7:30pm A space where you can gain insight and learn skills to better understand yourself and your emotions. This group work will encourage appreciation of your unique self and the development of your potential</p> | <p><u>Drop In Support Group (in English):</u> 6:45pm - 8:45pm Safe setting where women whose lives are affected by domestic violence can come together to encourage, support and empower one another. *Free childcare available for participants during group</p> | | <p><u>Drop In Support Group (in English):</u> 6:45pm - 8:45pm Safe setting where women whose lives are affected by domestic violence can come together to encourage, support and empower one another *Free childcare available for participants during group</p> | <p>Wednesdays:</p> <p>Narika's Healing Circle: South Asian DV Women's Support Group: 11am-1pm Safe setting where South Asian women who have been impacted by domestic violence can receive nonjudgmental and compassionate support. Group will be conducted in English. NOTE: No Childcare</p> |

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