



## **CLIENT WISH LIST WINTER 2019**

### **NONPERISHABLE FOOD**

Thank you for considering making a donation of nonperishable food in support of the families SAVE serves, please keep the following in mind. This will ensure there is minimal food waste and your donation is as successful as possible.

- **Regular-sized packages of unexpired food work best for our families.** Costco or large/economy size food items are not practical and often result in waste.
- **Foods packaging is important.** Items packaged in boxes, cans, and plastic are best. Glass can result in breakage.
- **Ethnically diverse food items are welcome.** This helps us best meet the needs of the families we serve.
- **Easy to prepare foods are most helpful.** Food items that can be heated in a microwave or require no preparation work best.

Items in high demand at this time are:

- Instant coffee
- Tea bags
- Protein/granola bars
- Canned soups and sauces
- Canned chicken and tuna
- Canned fruit
- Instant meals such as Cup o Noodles
- Pasta
- Rice
- Broth (vegetable, beef, chicken)
- Canned tomatoes
- Chips

**Due to space limitations, donations of perishable and prepared food must be made in advance.**

**Gift cards to local grocery stores in amounts of \$20 or more are always welcome.**

Donations may be dropped off at SAVE's Empowerment Center  
Monday through Friday between 9:30 am and 4:30 pm  
SAVE will provide you with a receipt for tax purposes.  
Questions? Call (510) 574-2250

**The Empowerment Center at SAVE**  
**1900 Mowry Avenue, Suite 201, Fremont, CA, 94538**  
**Office (510) 574-2250 24-hour Hotline (510) 794-6055**  
[info@save-dv.org](mailto:info@save-dv.org) [www.save-dv.org](http://www.save-dv.org)

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