

# Youth-Based Resources

## In-Person Teen Dating Violence Services

<b>Agency</b>	<b>Services</b>	<b>Phone</b>	<b>Website</b>
<b>SAVE— Safe Alternatives to Violence Environments</b> Fremont, CA	Hotline; Counseling; Restraining Orders; Shelter; TDV Presentations	24 hr Hotline (510) 794-6055	<a href="http://www.save-dv.org/youth-relationships/">www.save-dv.org/youth-relationships/</a>
<b>Break The Cycle</b>	TDV resources	Office: 310-286-3383	<a href="http://www.breakthecycle.org/">http://www.breakthecycle.org/</a>
<b>Family Violence Law Center</b> Oakland, CA	Hotline; Restraining Orders; Child Custody; Visitation; Support	24 hr Hotline: 1-800-947-8301	<a href="http://www.fvlc.org/">www.fvlc.org/</a>
<b>Love is Respect</b>	TDV resources for parents and teens	24 hr textline 1-866-331-9474 Text: “loveis” to 22522	<a href="http://www.loveisrespect.org/">http://www.loveisrespect.org/</a>
<b>National Teen Dating Abuse Helpline</b>	24-hour national web-based and telephone helpline for teens (ages 13-18)	24 hr Hotline: 866-331-9474	<a href="http://www.thehotline.org/2007/02/new-national-teen-dating-abuse-helpline/#comments">http://www.thehotline.org/2007/02/new-national-teen-dating-abuse-helpline/#comments</a>
<b>Tri-Valley Haven</b> Livermore, CA	Hotline; Counseling; Shelter; Restraining Orders; TDV Presentations	24 hr Hotline: (925) 449-5842	<a href="http://www.trivalleyhaven.org/">http://www.trivalleyhaven.org/</a>
<b>A Safe Place</b> Oakland, CA	Hotline; Counseling; Shelter	24 hr Hotline: (510) 536-7233	<a href="http://www.asafeplacedvs.org/">http://www.asafeplacedvs.org/</a>
<b>Community Overcoming Relationship Abuse (CORA)</b> San Mateo, CA	Hotline; Counseling; Shelter; Restraining orders; TDV Presentations	24 hr Hotline: (800) 300-1080	<a href="https://www.corasupport.org/">https://www.corasupport.org/</a>
<b>Ruby's Place</b> Hayward, CA	Hotline; Counseling; Shelter; Restraining orders, Housing assistance	24 hr Hotline: (888) 339 - 7233	<a href="http://www.rubysplace.org/wp/">http://www.rubysplace.org/wp/</a>
<b>STAND!</b> Concord, CA	Hotline; Counseling; Shelter; Restraining Order; Child assessment and treatment; Batterer's intervention	24 hr Hotline: (888)215-5555	<a href="http://www.standffov.org/">http://www.standffov.org/</a>
<b>DeafHope</b> Oakland, CA	Counseling; Prevention education; Referrals; Domestic violence counselor training	Office: (510) 267-8800	<a href="http://www.deaf-hope.org/">http://www.deaf-hope.org/</a>

## Youth-Based Resources

<b>Men Creating Peace</b> Oakland, CA	Domestic violence prevention education; Batterer's intervention; Ages 16+	Office (510) 730-0184	<a href="http://mencreatingpeace.org/">http://mencreatingpeace.org/</a>
<b>Terra Firma Diversion</b> Hayward, CA	Batterer's intervention; Ages 18+	Office: (510) 675-9362	<a href="http://www.terrafirmadiversion.com/">http://www.terrafirmadiversion.com/</a>
<b>Second Chance</b> Newark, CA	Court-ordered programs; Batterer's intervention; individual and group counseling; Ages 18+	24 hr Hotline: (510) 792-4357	<a href="http://secondchanceinc.com/">http://secondchanceinc.com/</a>

### Online Teen Dating Violence & Digital Safety Services

<b>Agency</b>	<b>Services</b>	<b>Website</b>
<b>Common Sense Media</b>	Guidelines about how to use social media safely; great for parents; Spanish	<a href="https://www.commonsensemedia.org/">https://www.commonsensemedia.org/</a>
<b>Connect Safely</b>	Guidelines about how to use social media safely; great for parents	<a href="http://www.connectsafely.org/">http://www.connectsafely.org/</a>
<b>Stop Bullying</b>	Bullying info; Spanish	<a href="http://www.stopbullying.gov/">http://www.stopbullying.gov/</a>
<b>That's Not Cool</b>	Guidelines, videos, tips, and interactive chats regarding digital safety	<a href="http://www.thatsnotcool.com/">http://www.thatsnotcool.com/</a>
<b>A Thin Line</b>	Information and tips regarding digital safety	<a href="http://www.athinline.org/">http://www.athinline.org/</a>

### In-Person Sexual Assault Services

<b>Agency</b>	<b>Services</b>	<b>Phone</b>	<b>Website</b>
<b>Washington Hospital</b> Fremont	Medical support services for sexual assault & rape	(510) 797-1111	<a href="http://www.whhs.com/">http://www.whhs.com/</a>
<b>Highland Sexual Assault Response Team</b> Oakland	Medical support services for sexual assault & rape	(510) 534-9290	<a href="http://www.highlandemergency.org/">http://www.highlandemergency.org/</a>
<b>Valley Care Hospital</b> Pleasanton	Medical support services for sexual assault & rape	(925) 416-3418	<a href="http://www.valleycare.com/">http://www.valleycare.com/</a>

## Youth-Based Resources

<b>Rape, Abuse &amp; Incest National Network (RAINN)</b>	Hotline; Live Online Chat	24 hr Hotline: 1-800-656-4673	<a href="https://rainn.org/">https://rainn.org/</a>
<b>BAWAR- Bay Area Women Against Rape</b> Oakland, CA	Hotline; Counseling	24 hr Hotline: (510) 845-7273	<a href="http://www.bawar.org/">http://www.bawar.org/</a>
<b>DeafHope</b> Oakland, CA	Counseling; Prevention education; Referrals; Sexual assault counselor training	Office: (510) 267-8800	<a href="http://www.deaf-hope.org/">http://www.deaf-hope.org/</a>
<b>Community Violence Solutions</b> San Pablo, CA	Hotline; Counseling; Prevention education; Sexual assault services	24 hr Hotline: (800) 670-7273	<a href="https://cvsolutions.org/">https://cvsolutions.org/</a>
<b>Tri-Valley Haven</b> Livemore, CA	Hotline; Advocacy; Counseling; Support groups; Sexual assault services	24 hr Hotline: (925) 449-5842	<a href="http://www.trivalleyhaven.org/">http://www.trivalleyhaven.org/</a>

## Online Sexual Assault Resources

<b>Agency</b>	<b>Services</b>	<b>Phone</b>	<b>Website</b>
<b>Rape, Abuse &amp; Incest National Network (RAINN)</b>	Hotline; Live Online Chat	1-800-656-4673	<a href="https://rainn.org/">https://rainn.org/</a>
<b>Bay Area Women Against Rape (BAWAR)</b>	Hotline; Counseling	(510) 845-7273	<a href="http://www.bawar.org/">http://www.bawar.org/</a>

## In-Person LGBTQ+ Services

<b>Agency</b>	<b>Services</b>	<b>Phone</b>	<b>Website</b>
<b>CUAV Community United Against Violence</b> San Francisco, CA	Support Groups; Advocacy; Based Peer Counseling	Office: (415) 777-5500	<a href="http://www.cuav.org/">http://www.cuav.org/</a>
<b>HIFY- Health Initiatives for Youth</b> Oakland, CA	A drop in safe space to meet new people; Play games; Get connected to	Office: (510) 281-0980	<a href="https://hi4youth.org/programs/fabulous/drop-in/">https://hi4youth.org/programs/fabulous/drop-in/</a>

## Youth-Based Resources

	resources; Ages 24 and under		
<b>Oakland LGBTQ Community Center</b> Oakland, CA	Drop-in hours and support groups; Crisis intervention referrals; Mental health and substance abuse counseling and referrals; Transgender advocacy services; Group social activities and outings; Housing advocacy; Leadership training and mentor program; Employment workshops and trainings	Office: (510) 882-2286	<a href="https://www.oaklandlgbtqcenter.org/">https://www.oaklandlgbtqcenter.org/</a>
<b>Gender Spectrum</b> San Leandro, CA	Gender-Based education, training, and support for children of all ages	Office: (510) 778-4412	<a href="https://www.genderspectrum.org/">https://www.genderspectrum.org/</a>
<b>Lambda Youth Project</b> Hayward, CA	Weekly support groups for people under the age of 20 who are LGBTQA	Office: (510) 247-8217	<a href="https://www.gayprom.org">https://www.gayprom.org</a>
<b>Rainbow Community Center</b> Concord, CA	Counseling for youth and families; Advocacy; Community outreach	Office: (925) 692-0090	<a href="https://www.raonbowcc.org">https://www.raonbowcc.org</a>
<b>Our Space</b> Hayward, CA	LGBTQ youth ages 12-24; support groups and monthly social events	Office: (510) 727-9401	<a href="https://www.facebook.com/ourspacebayc/">https://www.facebook.com/ourspacebayc/</a>
<b>Pacific Center</b> Berkeley, CA	LGBTQ youth and adults; mental health and wellness services	Office: (510) 548-8283	<a href="http://www.pacificcenter.org/">http://www.pacificcenter.org/</a>

# Youth-Based Resources

<b>GSA Network</b> San Francisco, CA	Advocate, organize, and mobilize for safer schools and healthier communities	Office: (415) 552-4229	<a href="https://gsanetwork.org/">https://gsanetwork.org/</a>
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## Online LGBTQ+ Resources

<b>Agency</b>	<b>Services</b>	<b>Phone</b>	<b>Website</b>
<b>The Trevor Project</b>	LGBTQ youth; suicide prevention	24 hr Hotline: 1-866-488-7386	<a href="http://www.thetrevorproject.org/">http://www.thetrevorproject.org/</a>
<b>It Gets Better</b>	Videos, interactive forum, legal support, and messages of hope for LGBTQ youth	Online-Only Resource	<a href="https://www.itgetsbetter.org">https://www.itgetsbetter.org</a>

## In-Person Human Trafficking Services

<b>Agency</b>	<b>Services</b>	<b>Phone</b>	<b>Website</b>
<b>MISSEY</b> Oakland, CA	Case management; Mentoring program	Office: (510) 251-2070	<a href="http://misseey.org/">http://misseey.org/</a>
<b>Ruby's Place</b> Hayward, CA	Hotline; Counseling; Shelter; Restraining orders, Housing assistance	24 hr Hotline: (888) 339-7233	<a href="http://www.rubysplace.org/wp/">http://www.rubysplace.org/wp/</a>
<b>Love Never Fails</b> Dublin, CA	Prevention education; Shelter; Mentoring program; legal support; employment assistance	Main Office: (844) 249-2698	<a href="https://www.loveneverfailsus.com/">https://www.loveneverfailsus.com/</a>
<b>Tri-Valley Haven</b> Livermore, CA	Hotline; Shelter; Restraining orders; Counseling; Advocacy	24 hr Hotline: (925) 449-5842	<a href="http://www.trivalleyhaven.org/">http://www.trivalleyhaven.org/</a>
<b>H.E.A.T. Watch</b> Oakland, CA	Information and tips on human trafficking; Community education and events	Tip Line: (510) 208-4959	<a href="http://www.heatwatch.org/">http://www.heatwatch.org/</a>

## Online Human Trafficking Services

<b>Agency</b>	<b>Services</b>	<b>Phone</b>	<b>Website</b>
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## Youth-Based Resources

<b>National Human Trafficking Hotline</b>	Hotline; Text Line; Live Online Chat	1-888-373-7888	<a href="https://humantraffickinghotline.org/">https://humantraffickinghotline.org/</a>
<b>Shared Hope International</b>	Access to State Laws, Policy Research and Resources; Stories of Hope	1-866-437-5433	<a href="https://sharedhope.org/">https://sharedhope.org/</a>
<b>Polaris Project</b>	Text Line	Text Line: "BeFree" (233733)	<a href="https://polarisproject.org/">https://polarisproject.org/</a>

### Books & Films

<b>Name</b>	<b>Description</b>
<b>Teen Dating Violence (VIMEO)—FILM</b>	Created by National Teen Dating Abuse Helpline 20-minute, on-line film capturing the escalating events that result in a violent relationship
<b>Tornado Warning: A Memoir of Teen Dating Violence and Its Effect On A Woman's Life—BOOK</b>	Author: Elin Stebbins Waldal A memoir about teen dating violence.
<b>When Dating Becomes Dangerous: A Parent's Guide To Preventing Relationship Abuse—BOOK</b>	Author: Barry Levy and Patricia Occhiuzzo Giggans Informative guide for parents to help queer and straight youth get through relationship challenges.
<b>Audrie and Daisy- FILM</b>	Written by: Michael Goodier The documentary follows three cases of rape and their outcomes through time, social media, court documents and police investigations.
<b>Mask You Live In- FILM</b>	Written by: Jennifer Siebel Newsom <i>The Mask You Live In</i> follows boys and young men as they struggle to stay true to themselves while negotiating America's narrow definition of masculinity.
<b>Miss Representation- FILM</b>	Written by: Jennifer Siebel Newsom <i>Miss Representation</i> exposes how mainstream media and culture contribute to the under-representation of women in positions of power and influence in America.
<b>Hunting Ground- FILM</b>	Written by: Kirby Dick An exposé of rape culture on college campuses, poised to light a fire under a national debate.

### Health & Wellness Services

# Youth-Based Resources

<b>Agency</b>	<b>Services</b>	<b>Phone &amp; Address</b>	<b>Website</b>
<b>Teen Clinic @ Tri-City Health Center</b>	Confidential services for: <ul style="list-style-type: none"> <li>- Sports physicals</li> <li>- Health education</li> <li>- Pregnancy testing</li> <li>- STI testing and treatment</li> <li>- Reproductive health education</li> </ul>	Office: (510) 770-8131 1999 Mowry Ave., Suite N, Fremont 94538	<a href="http://tri-cityhealth.org/medical-services/teen-clinic-2/">http://tri-cityhealth.org/medical-services/teen-clinic-2/</a>
<b>Tiburcio Vasquez Health Center</b>	Confidential services provided at school site for: <ul style="list-style-type: none"> <li>- Mental, sexual emotional, and behavioral health</li> <li>- Immunizations</li> <li>- Pregnancy and STI testing</li> <li>- STI treatment</li> <li>- Birth control and Plan B prescriptions</li> <li>- Sport physicals</li> <li>- Wellness checks</li> <li>- Family planning</li> <li>- Pregnancy options counseling</li> </ul>	Office: (510) 471-5880 ext. 3758  Two locations: <ul style="list-style-type: none"> <li>- James Logan High School</li> <li>- Tennyson High School</li> </ul>	<a href="http://www.tvhc.org/Home.aspx">http://www.tvhc.org/Home.aspx</a>
<b>Youth Uprising</b>	Confidential services for <ul style="list-style-type: none"> <li>- Mental, emotional, and behavioral health</li> <li>- Sexual health</li> <li>- Peer group sessions</li> <li>- Counseling</li> <li>- Holistic wellness</li> <li>- STI and pregnancy testing</li> </ul>	Office: (510) 777-9909  8711 MacArthur Blvd. Oakland, CA 94605	<a href="https://www.youthuprising.org/">https://www.youthuprising.org/</a>

## Youth-Based Resources

	<ul style="list-style-type: none"> <li>- Prevention health screening</li> </ul>		
<b>La Clinica</b>	Confidential services for <ul style="list-style-type: none"> <li>- Physicals</li> <li>- Immunizations</li> <li>- Prenatal &amp; postnatal care</li> <li>- Pregnancy, HIV &amp; STI testing</li> <li>- Contraception</li> <li>- Counseling</li> </ul>	Office: (510) 535-4000  Multiple locations in each county: Alameda, Solano, Contra Costa	<a href="http://www.laclinica.org/index.html">http://www.laclinica.org/index.html</a>
<b>DreamCatcher Youth Support Center</b>	Drop in services for youth 13-19 years old: <ul style="list-style-type: none"> <li>- Shelter</li> <li>- Daily meal</li> <li>- Laundry access</li> <li>- Health services</li> <li>- Counseling</li> <li>- Support groups</li> <li>- Academic support</li> </ul>	Office: (800) 379-1114  422 Jefferson St. Oakland, CA 94607	<a href="http://www.alamedafs.org/">http://www.alamedafs.org/</a>
<b>Planned Parenthood</b>	Confidential services for <ul style="list-style-type: none"> <li>- Sexual health</li> <li>- Reproductive health</li> <li>- Cancer screenings</li> <li>- Birth control</li> <li>- Abortion Services</li> <li>- Emergency contraception</li> <li>- STI &amp; HIV screenings</li> <li>- Pregnancy testing</li> </ul>	1-800-230-PLAN  Multiple locations in Bay Area	<a href="https://www.plannedparenthood.org/">https://www.plannedparenthood.org/</a>
<b>Reach Ashland Youth Center</b>	Confidential services for <ul style="list-style-type: none"> <li>- Counseling</li> <li>- Physicals</li> <li>- Immunizations</li> <li>- Dental services</li> <li>- STI screening and treatment</li> <li>- Pregnancy testing and options</li> <li>- Birth control</li> </ul>	Office: (510) 481-4500  16335 E 14th St, San Leandro, CA 94578	<a href="https://reachashland.org/">https://reachashland.org/</a>



## Youth-Based Resources

<b>La Familia Counseling Service</b>	Individual, group, and family counseling	Office: (510) 881-5921  26081 Mocine Ave, Hayward, CA 94544	<a href="http://www.lafamiliacounseling.org/">http://www.lafamiliacounseling.org/</a>
<b>Casa Serena</b>	Teen program for youth 13-18 years old Specialized in eating disorders <ul style="list-style-type: none"> <li>- Group therapy</li> <li>- individual counseling</li> <li>- Group workshops</li> </ul>	Office: (925) 682-8252  1868 Clayton Road, Suite 123 Concord, CA 94520	<a href="http://casaserenaedp.com/">http://casaserenaedp.com/</a>
<b>Fremont Family Resource Center</b>	Services include: <ul style="list-style-type: none"> <li>- Employment Assistance</li> <li>- Counseling</li> <li>- Parent support services</li> <li>- Educational programs</li> <li>- Workshops &amp; support groups</li> </ul>	Office: (510) 574-2000  39155 Liberty St Ste A110, Fremont, CA 94538	<a href="https://www.fremont.gov/228/Family-Resource-Center">https://www.fremont.gov/228/Family-Resource-Center</a>
<b>The Hume Center</b>	Services include: <ul style="list-style-type: none"> <li>- Parent support groups</li> <li>- Student peer groups</li> <li>- Counseling</li> </ul>	Office: (510) 745-9151  39465 Paseo Padre Pkwy #2100, Fremont, CA 94538	<a href="http://humecenter.org/">http://humecenter.org/</a>
<b>Native American Health Center</b>	Confidential services: <ul style="list-style-type: none"> <li>- Pregnancy prevention</li> <li>- HIV Testing</li> <li>- STD Testing and treatment</li> <li>- Counseling</li> <li>- Referrals for medical health</li> </ul>	Office: (510) 535-4400  2950 International Blvd, Oakland, CA 94601	<a href="http://nativehealth.org/">http://nativehealth.org/</a>
<b>West Oakland Health Center</b>	<ul style="list-style-type: none"> <li>- Family planning</li> <li>- Dentistry</li> <li>- Optometry</li> <li>- Health screenings</li> <li>- Mental health services</li> </ul>	Office: 510-835-9610  700 Adeline Street, Oakland, CA 94607	<a href="http://www.wohc.org/index.html">http://www.wohc.org/index.html</a>

## Youth-Based Resources

	<ul style="list-style-type: none"> <li>- Women, Infants, and Children program (W.I.C.)</li> </ul>		
<b>Lifelong Medical Care</b>	<ul style="list-style-type: none"> <li>- Prenatal care, family planning</li> <li>- Individual counseling</li> <li>- Wellness check-ups</li> <li>- HIV/AIDs care</li> </ul>	<p>Office: (510) 981-4100</p> <p>Multiple locations in Berkeley, San Pablo, Richmond, and Oakland</p>	<a href="https://www.lifelongmedical.org/">https://www.lifelongmedical.org/</a>
<b>Axis Community Health</b>	<p>Confidential services:</p> <ul style="list-style-type: none"> <li>- Individual counseling</li> <li>- Immunizations</li> <li>- Check-ups</li> <li>- School/sport physicals</li> <li>- Pregnancy tests</li> <li>- STD testing</li> <li>- Family planning and contraceptives</li> </ul>	<p>Office: (925) 462-1755</p> <p>4361 Railroad Ave # A, Pleasanton, CA 94566</p> <p>3311 Pacific Ave, Livermore, CA 94550</p>	<a href="http://axishealth.org/index.html">http://axishealth.org/index.html</a>
<b>Barbara Lee Center for Health and Wellness</b>	<ul style="list-style-type: none"> <li>- Medical and dental</li> <li>- Counseling</li> <li>- Recreational activities</li> <li>- Youth groups</li> <li>- Academic support</li> </ul>	<p>Wellness: (510) 618-4470</p> <p>Health: (510) 618-4480</p> <p>2251 Bancroft Ave., San Leandro, CA 94577</p>	<a href="https://www.sanleandro.k12.ca.us/domain/1440">https://www.sanleandro.k12.ca.us/domain/1440</a>