



Safe Alternatives to Violent Environments Clinical Program

About SAVE

SAVE's Mission is to strengthen every individual and family we serve with the knowledge and support needed to end the cycle of intimate partner violence (IPV) and build healthier lives.

We support our clients through Cognitive Behavioral Therapy and we strive to implement Trauma-Informed and Client-centered services throughout our programs.

The people and families we serve

As a trainee/intern with SAVE, Trainees/Interns will have the opportunity to support individuals (adults, children, adolescents, couples) and families whose lives have been impacted by intimate partner violence. Our clientele are quite similar to any seen at a community health clinic. The majority of clients are experiencing depression, anxiety, and trauma as well as a number of other experiences including: personality disorders; community/intergenerational/family violence; poverty and/or homelessness; substance abuse/addiction; issues related to immigration/refugee/undocumented; physical, invisible, intellectual disabilities; chronic pain; discrimination due to “-isms” (race/sex/gender/sexuality/age/disability/class); involvement with the legal system; employment and employability challenges; histories with CPS, foster care, group homes, etc.; trauma- and stressor-related/depressive/ anxiety conditions; and severe and chronic psychological conditions.

Why SAVE's Clinical Training Program?

The vision of the SAVE Clinical Training Program is to provide an exceptional training experience that prepares future clinicians to have a comprehensive understanding of the impact of trauma and to provide compassionate and integrated therapeutic support to individuals and families who have experienced intimate partner violence. We accept 4-6 candidates annually from any training level. Dr. Diane Anderson, a licensed developmental neuropsychologist, has 20 year's experience as a Cognitive Behavioral Therapist and is a Gottman-trained family and couple's counselor. She is also EMDR certified. All theoretical perspectives are welcomed and embraced.

As a trainee/intern, you will:

- Become a Certified Domestic Violence Counselor in the state of California; EMDR certification; Gottman level 1 and 2 trained
- Be extensively trained on the impact of trauma related to IPV
- Work with a diverse client population

The Empowerment Center at SAVE

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- Receive weekly Clinical Training in addition to Individual and Group Supervision
- Be involved in and work collaboratively with an interdisciplinary team of professionals
- Learn about and have access to services to meet client needs (e.g. access to food/clothing/etc, emergency shelter, Temporary Restraining Order (TRO) support, case management, etc.)
- Have the flexibility to set your hours (exception: a 3-hour block for didactic/supervision: day/time is flexible each year- in 2022-23 it will probably be Thursday afternoon but do not use this as a barrier to applying)
- Have holidays observed by the agency, and 2 weeks off from end of December to beginning of January
- Receive a stipend: Trainees receive \$500/month; Interns receive \$10,000 annually

How to Apply

Application materials for Trainees include:

- Curriculum Vitae
- A Letter of Intent
- 2 Letters of Recommendation

Application materials for Interns include:

- Curriculum Vitae
- A Letter of Intent
- 2 Letters of Recommendation
- Copy of Intern registration (if you don't have this yet, you will be considered a trainee until that is issued)
- **Package the above materials into ONE complete file (don't attach 4 different files to your email- use the app Cam Scanner if needed or <https://www.pdfmerge.com> to create ONE file.....we don't want to miss documents when printing.....)**
- **Applications accepted by email by February 25, 2022:**
 - **dianea@save-dv.org**
- Interviews scheduled for March 14-16, 2022
- Doctoral Match-Day: April 15; Master's Level offers made after interviews

We are seeking...

People who are nice.....we can teach you everything else but we can't teach you to be nice. We welcome all applicants- right out of college, third career, juggling fulltime employment and family, clubbing on Friday nights (if that ever happens again!)- there is a place for you at SAVE. We are particularly eager to recruit trainees/interns who have a personal understanding of such life experiences as: inner-city life, racism, immigration and/or poverty. We are located in an area densely populated by individuals from South and West Asian countries; knowledge of these communities is desirable. Additionally, we aspire to provide services in Spanish, Hindi/Punjabi, Farsi/Dari/Pashto, and Mandarin and seek clinicians with those language skills.

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COVID-specific issues:

SAVE is an essential service provider and has maintained operations through the shut-down. All precautions and guidelines are followed with respect to masks and sanitation and distancing. We follow Alameda County Health guidelines.

You are required to be vaccinated to work at SAVE.

Currently, supervision and didactics are in person. Masking indoors is currently required.

We offer teletherapy. However, approximately $\frac{1}{3}$ of our clients cannot access teletherapy for safety reasons because they reside with their abuser. As such, you will be required to provide in person services. If you have barriers to providing in-person services, you should not apply to SAVE this year.

Description of Experience

The SAVE Clinical Training Program is a one-year commitment (August-July). You must continue as a student through the summer months to be eligible for this practicum- check with your school about summer class coverage. All trainees/interns are required to complete our SAVE 40-hour Certified Domestic Violence Counselor training in July prior to the start of the program. (If you have been certified through another program, you will still be required to attend some select sessions.) The 40-hour Training is live- this is California law. If you have barriers to participating in a live training then you should not apply to SAVE this year. All applicants must complete a livescan/background check. Past incidents of criminal charges may prevent placement with our agency.

Individual Supervision:

- 1-hour supervision with your assigned supervisor
- Focus on: presenting challenges; therapeutic techniques; tools and screening methods; documentation; roles and expectations; evaluation

Group Supervision:

- Thursdays 1:30-3:30pm (subject to change)- we always manage to find a time with each new cohort so don't use this as a barrier to applying- but you must have some daytime hours available
- Case Presentations

Group didactic:

- Thursdays 3:30-4:30pm (subject to change)- we always manage to find a time with each new cohort so don't use this as a barrier to applying but you must have some daytime hours available
- Weekly topics: operations and documentation; trauma informed care; therapeutic practices; crisis and suicide intervention; case management; individual (senior/adult/youth/adolescent/child), family, group therapy; ethics; Gottman couple's training levels 1 and 2; motivational interviewing; guilt, shame and self-criticism training; cultural competency, tools and screening methods; etc.

The Empowerment Center at SAVE

Service locations:

- The Empowerment Center (a center for all members of the community)
- The Safe House
- Home Visits (unless restricted by school regulations)
- Fremont Middle/High Schools (optional but we have an established program here already)

Client services—TRAINEE REQUIREMENTS:

- Individual (all ages) or family therapy; total of 5-10 clients
- Leading or co-leading weekly support groups in Empowerment Center and/or Safe House; co-lead content groups: Healthy Relationships, Empowerment, Art Therapy, Parenting, Mindfulness

Client services—INTERN REQUIREMENTS:

- Individual or family therapy; total of 12-15 clients
- Leading or co-leading 2 support groups in Empowerment Center and/or Safe House; co-lead content groups: Healthy Relationships, Empowerment, Art Therapy, Parenting

Hotline:

- On-call hotline: minimum 3 hours per week; flexible shifts

Empowerment Center Drop-in:

- On-call at our Empowerment Center providing support to staff when clients present in crisis: 2 hours per week between 9-2pm on a day of your choosing

Overview of Trainee Experience

Activity	Hours/week
Individual Supervision	1
Group Supervision	2
Group Training	1
Direct Client services	5
Groups	3
Hotline	3
Empowerment Center	2
Paperwork	2

Total of 19 hours/week

Overview of Intern Experience

Activity	Hours/week
Individual Supervision	1
Group Supervision	2
Group Training	1
Direct Client services	12
Groups	6
Hotline	2
Empowerment Center	2
Paperwork	3

Total of 29 hours/week

The Empowerment Center at SAVE